













SUN SAFETY IS SUN SMART

	UV INDEX 11 EXTREME <small>Put on sunscreen every hour.</small>		Slide on some Sunnys!
	UV INDEX 8 to 10 VERY HIGH <small>Slather on some sunscreen.</small>		Slip on a long sleeve T-shirt!
	UV INDEX 6 and 7 HIGH <small>Put on more sunscreen around your whole body.</small>		Seek some shade!
	UV INDEX 3 to 5 MODERATE <small>Put on little bits on your face and neck.</small>		Slap on some Sunscreen!
	UV INDEX 1 and 2 LOW <small>Sunscreen not required</small>		Slap on a wide brim hat

Cover Design by Levi Ashard Year 6 2024

Background

Skin damage, including skin cancer, is the result of cumulative exposure to ultraviolet radiation (UV) from the sun. UV damage begins to accumulate during childhood and adolescence and is associated with an increased risk of skin cancer later in life. As students and staff are at school during times of peak UV radiation, schools play a major role in providing an environment that minimises exposure and encourages long-term sun protective behaviours.

Aim

Our Sun Protection Policy has been developed to ensure that all students, staff, parents, and visitors attending Gooseberry Hill Primary School are protected from skin damage caused by harmful ultraviolet (UV) radiation from the sun.

Implementation

This policy is to be implemented when the forecast average monthly UV Index in our area is 3 or above (available from www.bom.gov.au). Throughout Western Australia, UV levels reach 3 or above during all school terms. The sun protection practices outlined in this policy will be applied to all school activities, including sports carnivals, excursions, and camps. Provisions will be made for students who do not have adequate sun protective clothing or hats and these students will not be excluded from play or physical activity, though activities may be restricted to shaded areas.

Procedures

Scheduling outdoor activities

- Where possible, we schedule outdoor activities such as assemblies, outdoor lessons, sport, and physical education to occur when the UV Index is below 3. When this is not possible activities are scheduled as far from 12 noon as possible to avoid peak UV times and the school will plan alternative activities when the ultraviolet (UV) index is 3 or higher.
- When outdoor activities are scheduled at times when the UV Index is 3 or higher, maximum use is made of shade, sunscreen, hats, and long clothing to protect students and staff.
- We require students, staff, and parent helpers to wear broad-brimmed, bucket or legionnaires style hat, sun protective clothing and sunscreen for all camps, sports, and excursions. These items will be listed on the parent permission form.

Shade

- We ensure there is adequate provision of shade within the school grounds for students and staff, particularly in areas in high use areas, for example, popular play areas, where children eat lunch, canteen, and outdoor lesson areas.
- We encourage staff and students to use shaded areas when outside.
- Students who do not have appropriate hats or sun protective clothing are asked to play in the shade or a suitable area protected from the sun.
- We ensure that adequate shade is provided at sporting carnivals and outdoor events.
- Shade provision is considered in plans for future buildings, grounds, and playground equipment.



Design by Samantha Lawson Year 6 2024

Hats

- We require students and staff to wear a broad-brimmed, bucket or legionnaires style hat that protects the face, neck, ears, and crown of the head whenever they are outside.
- Students without hats will remain protected from the sun and encouraged to play in shaded areas.
- We encourage parents and visitors to wear broad-brimmed, bucket or legionnaires style hats when participating in and attending outdoor school activities.

Clothing

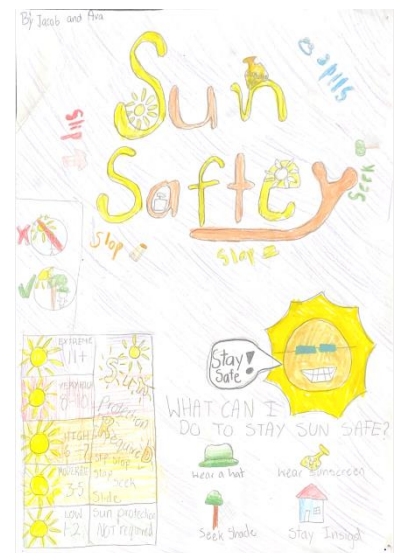
- Cool, loose-fitting sun protective clothing is included in our school uniform / dress code and sports uniform. It includes shirts with collars and elbow length sleeves, and longer dresses and shorts.
- Staff and students are required to wear a rash vest or similar top for swimming/water activities (may not be appropriate for short periods of competitive swimming).

Sunscreen

- Sunscreen is available and accessible to staff and students in classrooms and around the school grounds e.g., at the school office or canteen. Sunscreen is listed as an item that students are required to buy for the school year.
- All students and staff will apply SPF30 or higher broad-spectrum water-resistant sunscreen 20 minutes before going outdoors e.g., prior to school, before lunch, PE lessons, sports, excursions, and all outdoor events.
- Staff will ensure that sunscreen is reapplied to the students and themselves every two hours or more frequently if it is washed or wiped off.
- Sunscreen will be stored in a cool place, out of the sun.
- The occupational safety and health representative will monitor the expiry date of sunscreen and discard when out of date.

Sunglasses (optional)

- Where practical, students are encouraged to wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2,3 or 4).



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Role modelling and occupational health and safety

- To support health and safety legislation, staff are required to wear sun protective hats when supervising students.
- Staff, students, and visitors will act as positive role models and demonstrate SunSmart behaviour when attending school by:
 - wearing sun protective clothing
 - applying SPF30 or higher broad-spectrum water-resistant sunscreen
 - wearing a sun protective hat (broad-brimmed, bucket or legionnaires style)
 - using and promoting shade
 - wearing sunglasses that meet the Australian Standard 1067.

Education

- Programs on sun protection are included in the curriculum for all year levels.

Informing the school community

- Sun protection is communicated to staff, families and visitors via newsletters, social media, assemblies, daily messages, whole school activities, and parent and staff meetings.
- Families and visitors are encouraged to role model sun protection measures when attending outdoor activities.

Policy monitoring and Review

- The sun protection policy will be made available to staff and parents. Parents are informed of this sun protection policy when they enrol their child/children. All new employees are briefed on the sun protection policy.
- The sun protection policy will be endorsed by the GHPS School Board.
- The policy is monitored regularly and reviewed every three years.

Date for review: March 2027



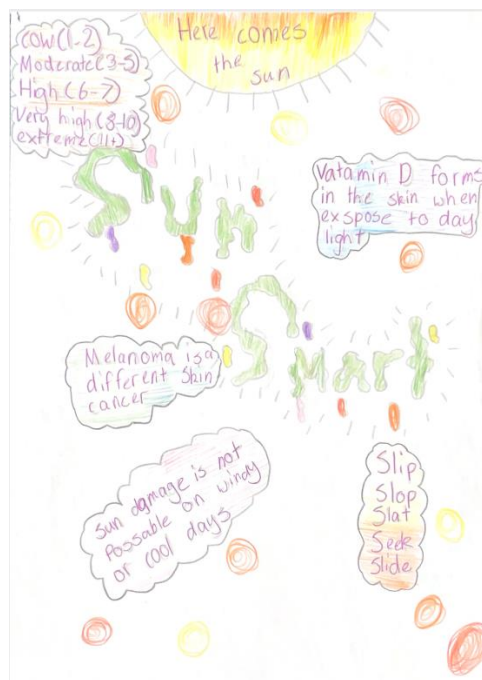
Cancer Council Western Australia P: (08) 9388 4351 E: sunsmart@cancerwa.asn.au W: www.generationsunsmart.com.au

Support Sun Care Safety

<https://ikon.education.wa.edu.au/-/support-sun-care-safety/>

- Develop sun protection practices.
- Encourage sun protection.
- Provide shaded areas.

Student Health Care in Public Schools Policy (17th July 2023) Version: 4.0 Student Health in Public Schools Procedures (17th July 2023) Version: 4.4



Design by Ella Farrier Year 6 2024