## ZONES OF REGULATION WORKSHOP

THIS FREE WORKSHOP WILL DISCUSS THE FRAMEWORK TO EMPOWER CHILDREN TO IDENTIFY AND MANAGE THEIR EMOTIONS

WEDNESDAY 13TH OCTOBER
6:30PM-7:30PM
AT WOODLUPINE FAMILY CENTRE
LIGHT REFRESHMENTS PROVIDED

## ZONES OF REGULATION

PRESENTED BY BLUE GOOSE THERAPY SERIVES, WITH THE GENEROUS SUPPORT OF WESTERN AUSTRALIAN ASSOCIATION FOR MENTAL HEALTH AND LOTTERYWEST







