

FREE PARENTING SEMINAR



Take the guesswork out of parenting!

Want to make family life easier – and happier? Triple P's Power of Positive Parenting seminar can help you understand why kids act the way they do, and how your reactions and words can make a big difference. This 90-minute seminar is free for all WA parents and carers, and is packed with ideas to help you give your kids the best start in life, and get more enjoyment out of being a parent.

Triple P's Power of Positive Parenting seminar can help you:

- ◆ raise happy, confident kids
- ◆ encourage positive behaviour
- ◆ set rules and routines that everyone follows
- ◆ get on well with your kids and argue less
- ◆ balance work and family with less stress

Register for your FREE parenting seminar:

The Power of Positive Parenting

Book your free place now:

www.triplep-parenting.net.au/wa





FREE SEMINAR

Triple P Positive Parenting Program

Term 3 2020

Parents/carers are invited to attend a free Triple P seminar to learn practical, positive and effective ways to:

- strengthen bonds with their children;
- encourage children's social and language skills;
- develop children's emotional self-regulation, independence and problem solving ability;
- manage common behavioural concerns.

Triple P is designed to give parents the skills they need to raise confident, healthy children and to build stronger family relationships. Triple P doesn't tell people how to parent. Rather, it offers simple and practical strategies that parents can adapt to suit their own values, beliefs and needs.

Seminars are for parents/carers of children from about two to eight years of age. Each two hour seminar includes a presentation, tip sheet, discussion and question time.

When: **Wednesday 19th August 2020** *The Power of Positive Parenting*

Time: **9am – 11am**

Venue: **Moonlight Hall, Falls Road Primary School (50 Falls Road, Lesmurdie)**

Cost: **Free** – however bookings are essential. Please sign up online [here](http://www.triplep-parenting.net.au/wa).
www.triplep-parenting.net.au/wa

*Please note that a crèche is not available, please make alternative child care arrangements if necessary.
